

Matt Cowdroy

Productivity Ninja, Facilitator, Speaker and Coach.

“Engaging and present, professional yet relaxed, confident but not cocky.”

Matt Cowdroy is a Productivity Ninja, Professional Facilitator, and the owner of Think Productive Australia.



Having spent the first 20 years of working life in the corporate world, Matt has first-hand knowledge and experience to understand the pressures faced in today's fast-paced environment.

Matt's university qualifications are in Business and Marketing. He is passionate about people - understanding what motivates them, their wants, and their needs.

He also has qualifications in Yogic Studies and Meditation. This provides a broad perspective when discussing productivity, stress management, mindfulness and working life.

Matt's style has been described as “Engaging and present”, “Professional yet relaxed”, “Confident but not cocky”.

In 2015 Matt launched Think Productive Australia (under Licence from Think Productive Global). More information on the business can be found at:

www.thinkproductive.com.au (Think Productive Australia)

www.thinkproductive.com (Think Productive Global)

Think Productive has recently won the following awards:

Career Trackers – Most Valuable Partner 2020

Tertiary Access Group – Strategic Partner of the Year 2020



“I feel I am in the right place when I'm supporting other people to grow and learn new ways to approach work and life”.

Matt Cowdroy

Since 2015, Matt has facilitated hundreds of workshops and keynote sessions across a diverse range of clients. See some examples on the next page.

Matt's passions are productivity and mindfulness, his family, his dog, yoga, mountain biking and nature.

Just a few testimonials for Matt...

Matt was a great speaker. The tips were practical and I enjoyed the self reflection and level of engagement – ACCC (Government), *The Way of the Productivity Ninja*, 4th Sept 2020

Engaging presenter and a nice focus on self-care - *Headspace (Mental Health Support), Productivity Ninja Guide to Working From Home*, 9th July 2021

The whole format was excellent. Engaging, useful and interesting - *Suncorp, The Way of the Productivity Ninja*, 17th August 2021

Always super informative, engaging with suggestions and advice that can be put into practice without too much difficulty - *TAFE NSW, Supercharge Your Virtual Meetings*, 17th Sept 2021

Email: matt@thinkproductive.com.au

Web: www.thinkproductive.com.au

Phone: 02 9981 1113

Mobile: 0499 338 722



Some of the organisations Matt has worked with ...



Australian Government

BLACKMORES[®]



ashurst

FERRERO



SUNCORP 