

# HOW TO MAKE A LADIES HAMPER AT HOME

## RECOMMENDED ITEMS FOR THE LADIES HAMPER

1



Shampoo and Conditioner 500 ml  
(Natures Organics \$1.90 each)

2



Roll on deodorant 50 ml  
(Dove \$4.00)

3



Body Wash 500 ml  
(Palmolive \$2.70)

4



Facial Wipes (\$2.00)

5



Toothpaste (\$4.00)

6



Toothbrushes (Colgate 6pk \$10.00  
total/\$1.60 per toothbrush)

7



Ladies Razors (Schick Razors  
5 pk \$3.00 total/60c per razor)

8



Packets of tissues (Kleenex  
6 pk \$3.19 total/50c per pack)

9



Soap (Palmolive 4 pk of soap  
= \$2.85 total/70c per soap)

**NB: THE SIZES ABOVE ARE THE LARGEST THAT WILL FIT IN A STANDARD SHOE BOX. PURCHASING PACKS OF ITEMS ALLOWS YOU TO MAKE MORE LADIES HAMPERS.**

**TOTAL = \$20.00 PER LADIES PACK**

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**STEP 1** Find a shoe box and wrap in Xmas paper (NB: Open the shoe box to flatten, then wrap before filling)

**STEP 2** Fill the box with shredded paper or tissue paper

**STEP 3** Fill the box with Ladies Personal Hygiene Products

**STEP 4** Cover the top with more shredded paper or tissue paper so the items don't move around in transit

**STEP 5** Handwrite a message or card to place inside the box